1. Hollow out your pumpkin
2. Take a drink (but not a shot, as you’re about to be wielding sharp utensils)
3. Cut out template and tape it to your pumpkin
4. Using a knife, trace outside of the dark parts of the design by poking holes through paper and into pumpkin
5. Remove paper and cut outlined areas
6. Find a candle and light it
7. Disco! (It's safe to do shots now, if you like.)
8. Post your results on Instagram or Twitter with the hashtag #PUMPKINANDCHILL